



Teen Cuisine

Teen Cuisine is a meal program designed to help teens acquire volunteer hours quickly by providing good wholesome meals for families residing at Ronald McDonald House.

Ronald McDonald House is a “home away from home” for out of town families of children receiving treatment at All Children’s Hospital and other local pediatric facilities. It is a special treat for the families to have a meal prepared for them by others when they are tired or have a limited time to eat. It is nice to wake up to a hot breakfast or come back to the house for a quick lunch on the go. The families look forward to and are comforted by a well-balanced meal at the end of a long day. It is also nice to grab a homemade snack on the way out the door to the hospital.

Here are some meal suggestions:

- Mexican supper (tacos, fajitas, Mexican lasagna)
- Turkey, ham, meatloaf dinner
- Homemade pizza
- Casseroles and salad
- Meat and gravy or beef stew
- Chili with rice and or cornbread
- Lunches – soups, sandwiches, chips
- Breakfasts – pancakes and sausage, scrambled eggs and bacon, breakfast casserole
- Desserts – homemade brownies, cookies, pies, ice cream sundaes, etc.

We ask that you prepare a meal that will feed 25 people keeping in mind that your goal is to serve a complete meal. I encourage you to come up with your own ideas – your favorite foods may please and comfort others.

Good hygiene is of the utmost importance. Whether you cook at RMH or at home, hand washing is a must. Food prep gloves are available at RMH and food prep guidelines are posted in the kitchen.

A parent must accompany a teen if a meal is being prepared at RMH after 5:00 pm or on the weekend.

Our normal serving time is: breakfast 8:00 am, lunch 12:00 pm, dinner 6:30 pm. If you are preparing the meal at home, it should be here and set up a little before the scheduled serving time.

You will be preparing the meal for RMH West House located at 702 8th Ave. S.

A letter for your school will be ready for you when you complete your required service hours.

To schedule a house tour or meal, or request further information please call:

Ann Seidenstricker
West House Manager
727-767-8125