



Tampa RMH Prepare a Meal Program

The Ronald McDonald House is a “*home-away-from-home*” for the families of children receiving treatment at bay area hospitals. The Tampa House has 14 bedrooms and serves over 300 families each year.

Families need and look forward to a well-balanced meal after a long day at the hospital. Now, more than ever, we need your help by either cooking a meal at the House in our spacious kitchen, or preparing it in your own home and dropping it off in disposable pans.

QUANTITIES DESIRED: Meals should serve 15-20 people.

MENU SUGGESTIONS:

Pot luck/casserole dinner	Make-your-own pizzas	Soups & sandwiches
Mexican dinner	Bar-B-Q (gas grill provided)	Turkey/Ham dinner
Italian dinner	Chili/Stews	Brunch

Variations are encouraged; keeping in mind our goal is to serve the families a complete meal. RMH will provide eating utensils and coffee. If you intend to use paper plates, we encourage groups to donate them, along with tea bags for iced tea.

HELPFUL GUIDELINES:

- Those cooking in our kitchen should bring all the ingredients for their meal with them. You may also use items from our pantry; be sure to check in advance to see what we have on hand.
- All persons preparing a meal should first read our posted guidelines.
- Leave your purse/other valuables locked in your car or ask the volunteer to lock it up during your stay.
- Cooks on site or off site must wash hands before food preparation.
- Any children that accompany you must be supervised at all times.
- Sorry, no alcohol is allowed on site.
- Parking is available in our shared lot; use the spaces marked RMH permit parking only.
- Normal serving time for dinner is 6:30pm, but we are flexible.
- Please clean the kitchen thoroughly after use.
- Teens who cook must have one adult supervisor per five teens. Maximum number in group is 8.
- Tours of RMH will be given upon request.
- Group size should be limited to 8

HOW TO SCHEDULE:

Call Tracy Wilson, 813-655-7406 with the following information:

- Name of group or individual providing meal and number of people attending.
- Date, time, menu and any special needs for the meal, i.e., grills.

Tampa House – 35 Columbia Drive, Davis Islands, Tampa, FL 33606 (813) 254-2398
St. Petersburg House East & West – 401 7th Avenue South, St. Petersburg, FL 33701 (727) 821-8961
www.rmhtampabay.com