



ST. PETERSBURG RONALD McDONALD HOUSE PREPARE A MEAL PROGRAM

The Ronald McDonald House is a “home-away-from-home” for the families of children receiving treatment at All Children’s Hospital. St. Petersburg RMH East and RMH West have 52 bedrooms combined, making these two houses one of the world’s largest programs serving a single medical center.

Families need and look forward to a well-balanced meal after a long day at the hospital. Now more than ever, **WE NEED YOUR HELP**. You can cook a meal at the house in our spacious kitchen, or prepare it in your own home and drop it off in disposable pans.

QUANTITIES DESIRED:

Meals designated for **RMH East** (401 7th Ave. S., St. Petersburg) should serve 50 people. Those prepared for **RMH West** (702 8th Ave. South) should serve 20 people. Please inform your group members as to which house they will be delivering or preparing their food.

MENU SUGGESTIONS:

Potluck/casserole supper	Meatloaf	Italian
Mexican supper (tacos, etc.)	Bar-B-Q (gas grills are provided)	Pancake breakfast
Turkey/ham dinner	Soup and sandwiches	

HELPFUL GUIDELINES:

- Variations are encouraged; keeping in mind our goal is to serve the families a complete meal.
- Parking for RMH West is either on the street on 8th Ave. South or in the parking lot directly across from the house on 7th St. South, marked with blue “RMH Parking Only” signs. Parking for RMH East is in the driveway adjacent to Mound Park Ave. South, a brick alley on the north side of the house, or in the lot next to the house on Fourth Street. Parking is very limited so car pooling is suggested.
- Serving time for dinner is 6:30 pm but we are flexible. We encourage you to stay and serve the meal.
- RMH will provide utensils and coffee. We have many meal ingredients. Please ask for a list.
- If you intend to use paper plates and/or plastic cutlery, we encourage you to donate them.
- All persons preparing a meal should read posted guidelines **FIRST**.
- Leave your purse or other valuables locked in your car or ask the volunteer to lock it up.
- Cooks on site or off site must wash hands before food preparations.
- Any children that accompany you must be supervised at all times.
- Sorry, no alcohol is allowed on site.
- Please put the food away in the Help Yourself refrigerators (mark the date on tape).
- Please clean the kitchen thoroughly after use.
- Tours of RMH will be given upon request either before or after the meal. Just ask!
- **If you would like to hold bingo after your meal, we have the game & prizes. Discuss with Lynn.**

HOW TO SCHEDULE A MEAL:

Call Lynn Lippincott, (727) 821-8961 ext. 7694 with the following information:

- Name of group or individual providing the meal and number of people attending.
- Group size should be limited to 10 at the East and 5 at the West. **Minimum age is 14.**
- Date, time, menu, and any special needs for the meal, ie. grills or ingredients.
- Requested site (East, West or both) where you will be cooking.