



Prepare a Meal Program for RMH Central

Ronald McDonald House Central is a temporary home-away-from-home for families that live outside the area who have a child being treated at All Children's Hospital. During their time of medical uncertainty, it is so refreshing for families to be able to look forward to a home-cooked meal.

What Do You Need To Bring?

- The Central House has limited cooking facilities so dishes that are ready to serve or simply need to be warmed are ideal. We have microwaves, toaster ovens, crock pots, an oven for warming, rice/vegetable steamers, electric griddles and warming trays for serving.
- Beverages to go along with your meal. Juices, 2-liters of tea, lemonade or sodas are always appreciated. No ice needed as we have an ice maker on premise. Alcohol is not allowed on the premises.
- Paper products such as dinner plates, salad/dessert plates or bowls, cups and plastic cutlery. China and glassware are available to use, but disposable items make for an easier clean-up.

Meal Suggestions

- Plan to provide enough food to feed approximately 20 guests.
- Please provide a well-balanced meal such as some type of meat, a fresh salad, a side dish to include vegetables and of course, a favorite dessert.
- Some groups donate ready-made casseroles that we freeze and save for nights when we don't have dinner brought in by groups like you. Lasagna and baked ziti are provided to us on a regular basis so other types of casseroles are always a nice change for families.

Anything Else?

- Meals can be scheduled 7 days a week. Dinner is typically served from 6:30 – 7:30 p.m.
- Children must be 14 or older and supervised at all times.
- Due to the limited seating area in the dining room, we ask that your group eat prior to arrival.
- Rubbermaid storage containers, aluminum foil and plastic wrap are available to store any leftovers for families to enjoy later.
- We encourage you to stay and serve our families. Please put any leftovers away and clean the kitchen prior to leaving.

**Ronald McDonald House Central – Located on the ground floor of the Outpatient Care Center
601 Fifth Street South – St. Petersburg, FL 33701 – (727) 767-7687
To schedule a meal please contact: Melanie Trubey, House Manager at mtrmh@tampabay.rr.com**

