



Family Meals for the Central House

The Ronald McDonald House provides a home-away-from-home for families that live outside the area who have a child being treated at All Children's Hospital. The Central House is for families whose children are in the intensive care units. During their time of medical uncertainty, it is refreshing for the families to have a nice dinner waiting for them when they return from the hospital at night.

Meal Suggestions

- ♥ We ask that you please provide enough food to feed approximately 20 guests.
- ♥ Please provide a well-balanced meal such as some type of meat, a fresh salad and/or a side dish to include vegetables. Breads, rolls and desserts are not needed as we get daily donations from local Publix and Fresh Market bakeries.
- ♥ We can no longer accept meals that are prepared or cooked off site unless they come from licensed food establishments such as grocery stores or restaurants. However, you may prepare meals, salads, etc. in our kitchen in the house.
- ♥ The kitchen has limited cooking facilities but has microwaves, a toaster oven, crock pots, a rice/vegetable steamer, an electric griddle, warming trays for serving, and a specialty oven that can accommodate a ½ pan tray at a time.
- ♥ Feel free to arrive early in the day if you wish to make a meal using a crock pot for a pork roast or pot roast, homemade soups or stews, etc. Our volunteers or staff would be happy to attend to it throughout the day and put the meal out that night.
- ♥ Sam's Club, Costco, Wal-Mart, Super Target, GFS and some grocery stores carry pre-packaged, pan-sized meals such as lasagna, enchiladas, breakfast casseroles, frozen meatballs, Salisbury steak, etc. You may purchase items such as pre-made sandwich trays, veggie & fruit platters, boxes of fried chicken, wings and rotisserie chicken as well.

Anything Else?

- ♥ Dinner can be scheduled 7 days a week and is typically served between 6:30 – 7:30 p.m.
- ♥ Group size should be limited to 5 volunteers. The minimum age to cook is 14. Children must be supervised at all times.
- ♥ Due to the limited seating area in the dining room, we ask that your group eat prior to arriving.
- ♥ We have foil, plastic wrap and Rubbermaid storage containers for any leftovers.
- ♥ China is used for meals so paper products are not needed.
- ♥ There is an ice machine in the kitchen.

We are on the 1st floor of the Outpatient Care Center building at 601 Fifth Street South – St. Petersburg, FL 33701. You may park in the adjacent parking garage (entrance is on 5th Street South). Contact Melanie Trubey, House Manager to schedule a dinner 727.767.3026